

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY  
OFFICE OF PROGRAM SERVICES  
PROGRAM PROFILE

## Youth Outpatient Services

**Date Profile Updated:** January 2010

### **Who Can I Contact At DBHR For More Information?**

**Primary:**

*Regional Administrators:*

Region 1 & 2	Ella Hanks	509-225-6196
Region 3 & 4	Harvey Funai	206-272-2156
Region 5 & 6	Tiffany Villines	360-438-8203

**Secondary:**

*Regional Treatment Managers:*

Region 1 & 2	Eric Larson	509-225-6232
Region 3	Melinda Trujillo	360-658-6862
Region 4	Bob Leonard	206-242-0319
Region 5	Steve Brown	253-476-7058
Region 6	Ruth Leonard	360-438-8079

### **What Is Youth Outpatient Treatment Services?**

DBHR provides funding to 39 counties to provide outpatient chemical dependency treatment services to youth ages 10-20. Treatment services include assessment and referral to individual and group counseling specific to the disease of chemical dependency. Treatment interventions occur in varying degrees of duration and intensity according to a prescribed treatment plan. They can include intensive outpatient services, aftercare, and collaborative efforts when youth move to and from residential treatment. Outpatient services may be delivered in community outpatient settings by county-funded and approved youth providers, as well as in schools, juvenile detention centers, group homes, and other settings.

### **What Population Are Served And/Or Who Is Eligible For These Services?**

Low-income, Medicaid-eligible youth ages 10-20 are eligible. Others are served on a sliding-fee scale.

### **How Many People Are Served Each Biennium?**

Between 6,500 to 7,000 youth receive services annually.

### **What Is The Biennial Funding Amount And Source(s)?**

Historically, approximately \$6.2 million is budgeted for youth outpatient services; this includes approximately \$315,000 in treatment expansion funds. These funds are a combination of Substance Abuse Prevention and Prevention (SAPT) and Violence Reduction and Drug Education (VRDE) dollars.

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**What Would Be The Impact If These Services Were No Longer Available?**

There would no longer be outpatient treatment facilities specifically designed for youth. While only small percentages go on to inpatient treatment facilities, this service is an important first step to recovery for most youth. Without this service, youth outpatient and aftercare following an inpatient stay would not be available and many youth need the continued support and stability of a treatment setting.

**What Agencies Collaborate With DBHR To Deliver These Services?**

DBHR collaborates with county juvenile courts, Juvenile Rehabilitation Administration, local school districts, and the Division of Children and Family Services to ensure service delivery.

**What Are The Sources For Program Data Or More Information?**

- For program technical assistance: Tina Burrell, Youth Treatment System Manager, (360) 725-3796 or [tina.burrell@dshs.wa.gov](mailto:tina.burrell@dshs.wa.gov)
- For service-related inquiries, contact DBHR Regional Administrators.